

6 May - BHBL Rotary Club Weekly Big List of Everything in Relation to COVID-19

Purpose of this document is to provide a one stop resource for our members to see information about helping in the community and some information for themselves. Please send inputs or changes to Jon Costolo

First, Official Information in regards to COVID 19

- **Center for Disease Control** www.cdc.gov

Learn more about COVID 19, Support for State, Localities; How to wear face coverings, Etc

- **NY State Information** www.ny.gov or <https://coronavirus.health.ny.gov/home>

Learn about and/or sign up for NY State COVID-19 updates

- **Rotary Information on COVID Crisis Link** <https://www.rotary.org/en/rotary-monitors-coronavirus-outbreak>

6 May, 2020 Specific News- Governor Andrew M. Cuomo today outlined additional guidelines for when regions can re-open. The state will monitor four core factors to determine if a region can re-open:

- **New Infections:** Based on guidelines from the CDC, regions must have at least 14 days of decline in total net hospitalizations and deaths on a 3-day rolling average. In regions with few COVID cases, the region cannot exceed 15 net new total hospitalizations or 5 new deaths on a 3-day rolling average. In order to monitor the potential spread of infection in a region, a region must have fewer than two new COVID patients admitted per 100,000 residents per day.
- **Health Care Capacity:** Every region must have the health care capacity to handle a potential surge in cases. Regions must have at least 30 percent total hospital and ICU beds available. This is coupled with the new requirement that hospitals have at least 90 days of personal protective equipment stockpiled.
- **Diagnostic Testing Capacity:** Each region must have the capacity to conduct 30 diagnostic tests for every 1,000 residents per month. The state is rapidly expanding capacity statewide to help all regions meet this threshold.
- **Contact Tracing Capacity:** Regions must have a baseline of 30 contact tracers for every 100,000 residents, and additional tracers based on the projected number of cases in the region. The state is currently building an army of contact tracers with Mayor Bloomberg to meet the needs of each region statewide.

#CRCOMEBACK WNYT NBC News is highlighting Covid 19 information under the hashtag #CRComeback It stands for Capital Region Comeback - a movement developed by NewsChannel 13 to spread YOUR stories of hope and positivity during the COVID-19 pandemic. Join our [#CRComeback Facebook group HERE](#) to share your comeback moments -- we'll be featuring your photos and videos on air and online to highlight the good happening in the Capital Region -- and check out our latest #CRComeback stories below!

OPEN FOR BUSINESS- They also have a webpage devoted to listing Businesses and Services that are open. See listings [here](#).

Community Help Information

Tuesday May 5th was Giving Tuesday and multiple organizations are matching donations. This is also ongoing beyond Tuesday May 5th. Check facebook pages of organization for more information.

CAPTAIN Community Human Services

[Weblink here](#) Where you can read CHS's response plan, See an Extensive List of Community Resources and How you can Help.

CHS Karyl's Food Pantry Needs: Canned Tuna, Canned Corn, Jelly, Ketchup, Size 4 Diapers, Paper towels. CLEANING SUPPLIES Highly Needed.

Donations accepted at Clifton Park Office 5 Municipal Plaza, Suite 3 Clifton Park, NY 12065

Please call 518 371-1185 from your vehicle when you arrive.

Schenectady City Mission-

Wow, we really miss our volunteer family! Many of you are asking about other ways to help until you can volunteer again, **visit our website www.citymission.com you can find ways to pray/send supplies/give!**

Each day, we are amazed by the outpouring of love and support by generous friends like you! We are truly blessed to partner with you to serve men, women and children in our community-- especially during this difficult time.

Praying you all are safe and we CAN'T WAIT until the day we can be together again!
~Your City Mission Family!

Regional Food Bank of NorthEastern NY-

Food Bank of NENY Link [here](#), where you can donate money, food, volunteer and even a link for those find food if in need.

Volunteers continue to play important roles in the Regional Food Bank's work and ability to respond to increased requests for assistance as a result of COVID-19. The Food Bank is still hosting volunteers to sort and box donations and has taken precautions to help ensure staff and volunteers stay safe during their shifts.

People with questions can call our Volunteer Coordinators at 518-786-3691.

Bank of America is matching funds given to RFBNENY for Giving Tuesday. You can still double your funds for a short period of time. You can donate directly through their website or can mail a check with "Bank of America Match" on the memo line. If you donate through their website you must select "Giving Tuesday Bank of America Match" in the donation designation drop down menu. <https://donatenow.networkforgood.org/1415634>

Restaurants/Bars Food Take Out and Support Info

MOTHERS DAY is this Sunday and a lot of restaurants are doing specials. Here is a listing of some with direct links to their menus/facebook page.

<https://www.saratoga.com/guides/mothers-day/brunch/>

Charlton Tavern- www.charlontavern.com Open Tuesday – Sunday 11:30-8pm for TakeOut/Delivery Online ordering available Phone: 518-399-9951

Carney's - <http://www.carneysbltavern.com/> open Tuesday – Saturday 3-8pm, Sunday for Family Dinner 3-5pm Friends of Carney set up a [GoFundMe](#) page to support as well.

Stella's- <https://www.stellapastabar.com/> open Tuesday – Saturday 3-8pm, offering curbside pick up with curbside menu. Can call starting at 2pm to order 518 399-8322

Marcella's <https://www.marcellas-restaurant.com/> Open daily for pick up/delivery 8am- 9pm for Breakfast/Lunch/Dinner. 518 399-1901. See facebook page for daily specials

Pizza Works- <https://www.pizzaworks.org/burnthills/menu.php> Open daily 11am-9:30pm for Pick up/Drive Thru. Asking that customer's order and pay online. Cash transactions available but prefer prepayment to minimize contact.

Augie's - <https://augiesrestaurant.com/> Open 4-9 Su/M/W/Th, 4-10 F/Sa, Closed Tuesday 518 -884-8600 Take out menu <https://augiesrestaurant.com/takeout/> Daily specials on facebook

The Factory <https://www.thefactoryeatery.com/home> Open daily 3-8pm for takeout 518 885-0500 Also take out beer, six pack of bottles for \$12 and selling growlers of draft

Front Street Deli- <https://thefsdeli.com/> Order online or by phone, 518 884-0456 Su-W 8am-8pm, Thu-Sat 8am-9pm. Further specials on facebook page.

Henry's Tavern <https://www.facebook.com/HenrysTavernBSpa/> family specials on their facebook page. 518 309-3584 Phones open at 3pm Daily, Sun-Thurs 4pm-8pm, Fri-Sat 4pm-9pm

The Cock and Bull- <http://www.thecocknbull.com/> Open for take out with daily take out menu on their website. Order starting at 2pm and pickup is from 4:30-6:30 518 882-6962 Further specials on their facebook page.

Burnt Hills Café / Sam's Chinese / Ed's Dugout- Temporary Closed

Fun/Miscellaneous

[Zoom Training and Tutorials](#)

[Take a Virtual Visit to a National Park](#)

[Orvis Moment of Chill](#)

[Armchair Travel: Virtual World Tour](#)

[10 Best Virtual Museum Art Gallery Tours](#)

[100 Fun Things to do while stuck at home](#)

[SIRIUSXM free for Spectrum Customers till May15th](#)