

Reporting ZOOM Meeting of 12 April 2021

Calendar of Events

Last Week: 4/5 Linda Conley – Who Killed Betty Conley?

This Week: 4/12 Howard Berg – World's Fastest Reader

Next Week: 4/19 Jon Costello – Rotary Foundation Update

Coming Up: 4/26 Patrick McGrath – 2021-2022 Budget

Note: Regular ZOOM Meetings are held Mondays at 6:00 pm. Check your e-mail inbox the day of the meeting for the computer ZOOM ID# and Password, as well as the phone number you can use to phone in if using your cell phone to participate.

Please give suggestions for future programs to Darlene Bower and Dan Stec.

Find us at bhblrotary.org and on Facebook

Together, we see a world where people unite and take action to create lasting change – across the globe, in our communities and in ourselves

Howard Berg – World's Fastest Reader

Our presenter this evening, Howard Berg, the World's Fastest Reader, can read 25,000 words per minute. During his presentation he shared skills to improve reading, and math. He attended SUNY Binghamton and had an interest in biology with a desire to be a psychologist focusing on behavior.

Early in his career he developed the Mega Speed Reading Program. This program helped people read faster but he was concerned with comprehension. He emphasized that improving comprehension is more important than reading fast. That was why he integrated psychology into the skill of speed-reading. He described a problem of "information overload" which causes us to have too much to learn which is why speed-reading is such an important skill.

The first lesson shared was to read from left to right using your hand to guide you a single line at a time. Another lesson was to know the "schema" of the text, and he emphasized how important it is for a business to have a "schema" for their customers. It helps to comprehend what is being read or shared.

Reading faster will allow you to be more productive. Howard Berg expressed an interest in focusing on learning rather than speed-reading. Another important skill shared was to develop "emotional

intelligence." Howard led us in an exercise where we tapped our left shoulder with our right hand, our right shoulder with our left hand, our left knee with our right hand, and our right knee with our left hand six times and then ask yourself, "How do you feel? And answer Great!" This stimulates both sides of your brain and improves your thinking.

He shared a speed math example of 103×107 and a method to solve it quickly (answer 11,021). He shared a memory tip by showing us ten things to remember. The tip is to take a list of items and associate the word with a number and say it out loud repetitively (3 for tricycle). This method will help you remember numbers. He shared a reading, writing, memory, and math program and a significant discount to Rotary members.

More information can be found on his website at berglearning.com/rotary

ANNOUNCEMENTS

- Gini Whetten reminded us about the Care Cards for Kingsway which will be delivered April 19th.
- Operation Hunger is in need of brownie mixes and beef stew this week.
- Darlene Bower updated us about the April 21st Drive-Through Dinner at the BHBL High School: A new pre-order form has been emailed to all Club members and Friends of Rotary. All pre-orders are due by April 19th.
- A reminder about the work weekend of April 24 & 25 at Stomping Grounds Camp was shared. A survey was sent to members about participation. If you have not completed the survey, please do so. The road clean-up day is currently scheduled for May 8th.
- The District Grant training meeting was Saturday, April 10th. Dan Stec and Darleen Bower attended and found it informative.
- A District Secretary/Treasurer training meeting will be held on April 24th from 9 AM to noon.
- Jon Costello shared the slate of officers and board members. Nominations will be accepted until April 19th and we will vote on April 26th. An email will be sent out this week to all members with full details.
- Mike Brewster moderated the expressions of happiness by each member during the Happy-Dollar portion of the meeting.



Serve with us – the world is waiting

Reported by Maryellen Symer