Reporting Meeting of July 11, 2022

Calendar of Events

Last Week: 7/4 Happy Independence Day (No Meeting)

This Week: 7/11 Author Emma Kress

Next Week: 7/18 Pam Baxter, Rotary DEI Chair, Hybrid Meeting

Coming Up: 7/14 Board of Directors Meeting, Zoom

7/25 Terra Maddalone-Ristau, Captain/CHS,

Jenkins Park.

Note: Regular Zoom Meetings are held Mondays at 6:30 pm. Check your e-mail inbox the day of the meeting for the computer Zoom link and password, as well as the phone number you can use to phone in if using your cell phone to participate.

Please give suggestions for future programs to Darlene Bower & Peter Sawyer.

Find us at bhblrotary.org and on Facebook

Together, we see a world where people unite and take action to create lasting change – across the globe, in our communities and in ourselves

AUTHOR-EMMA KRESS

Gini introduced our speaker, author, Emma Kress from Saratoga Springs. Her book, <u>Dangerous Play</u> is a young-adult book about friendship, revenge, feminism, power, and drama. Emma grew up an only child and has wanted to be an author since she was ten years old. She has taught grades five through twelve and is currently an author and speaker at area schools.

During her graduate writing program she was introduced to CR Snyder's Hope Theory. According to Snyder, there are three components associated with hope: 1) having goal-oriented thoughts; 2) developing strategies to achieve goals (Pathways Thinking); and 3) being motivated to expend effort to achieve goals (Agency Thinking). Emma focused her comments on how this time of experiencing Covid 19 can serve as a blueprint for how we face future challenges and obstacles. She shared her thoughts on the club's volunteer efforts at Anchor Diamond Park and how the Hope Theory applies – a reasonable, achievable goal was developed, a path to carry it out was created, and a process to get it done was executed.

Emma shared her belief that hopeful thinking begets hopeful thinking. She emphasized the importance of hopeful thinking being an integral part of children's literature. The main character of <u>Dangerous Play</u>, Zoe, needed hope to deal with the drama of sexual assault that she experienced. Zoe needed to shift from focusing on the process rather than the product. She used yes thinking and process thinking to get through her crisis. A question and answer session with Emma followed. For additional information about our author, visit her website at emmakress.com

CLUB ANNOUNCEMENTS

- Dues are due: Semi-annual dues are due at \$85.00. Please forward payment to Steve Geene at 10 Knollwood Hollow, Ballston Spa, NY 12020.
- Operation Hunger is ongoing and donations are welcomed.
- We discussed a possible book collection and restoration project that the students at The Charlton School have undertaken.
 Maryellen sent an email to Matt Shaughnessy to see if we could become involved by donating books.
- Tentative grant announcement from Saratoga County of \$7,500 to assist with a town project for the development of a pocket park at Lakehill Road and Route 50.
- **Website committee** met on Monday. If interested in becoming involved, contact Ken Crotty.
- Fundraising committee meeting is TBA. If interested in becoming involved, contact Gregg Schorr.
- Club is in need of a secretary and president nominee (for 2024).
 If interested, contact Darlene Bower.
- Islands of the Narrows Cruise, Monday, August 29, 2:30 pm to 5:00 pm. The Islands of the Narrows Cruise takes you on a leisurely 14-mile afternoon trip through the many islands of Lake George. The area called, "the Narrows," is easily the most scenic, peaceful, calming, and beautiful spot on the entire lake. No roads line the water's edge and it is easy to imagine life here hundreds of years ago. See for yourself why Lake George is called the "Queen of American Lakes." Learn about Lake George's points of interest, its history, geology, and ecology as you sail. \$40 per person—this enjoyable cruise will be in lieu of our meeting.

Reported by Maryellen Symer